

NARCAN® Nasal Spray is a pure opioid antagonist indicated for emergency use to reverse known or suspected opioid overdose, as manifested by respiratory and/or severe central nervous system depression. It is not intended to be a substitute for professional medical care. Always call 911 before using NARCAN® Nasal Spray, and be sure to read the label and follow the directions for use.

**Anyone taking
an opioid – either
intentionally or
accidentally – is
at risk of an opioid
overdose.**

* Fictitious patient, may not be representative of all patients



NARCAN® (naloxone HCl)
NASAL SPRAY 4mg

**NARCAN® Nasal Spray is available at
pharmacies and for all Non-Insured
Health Benefits (NIHB) program and
Veteran Affairs Canada clients.**

narcannasalspray.ca



Be aware of the potential risks of opioid use



Talk to your pharmacist and ask for NARCAN® Nasal Spray if you are a patient who:

- Is taking opioids
- Has a friend or family member who takes opioids
- Has an opioid in the home



NARCAN[®] (naloxone HCl) **NASAL SPRAY** 4mg

What is NARCAN[®] Nasal Spray?

- NARCAN[®] Nasal Spray is a single-use device containing a concentrated 4 mg dose[‡] of naloxone – a substance that stops opioid drugs from attaching to receptors in the brain and nervous system.
- NARCAN[®] Nasal Spray is used to treat someone who has, or is suspected to have, overdosed on opioids. NARCAN[®] Nasal Spray can be used by a non-health care professional to reverse the effects of the overdose until medical help arrives.
- Repeat doses may be required. NARCAN[®] Nasal Spray is not a substitute for emergency medical care. Always call 911 before administering NARCAN[®] Nasal Spray.

Identifying opioid poisoning

Check for signs of opioid poisoning, which include:

- Pale and clammy skin
- Extreme drowsiness or passing out
- Not responding to shouting, shaking of shoulders or firmly rubbing middle of chest
- Breathing that is very slow, irregular or has stopped
- Slowed or no heartbeat
- Pinpoint pupils

[‡] Each NARCAN[®] Nasal Spray device contains only a single dose and cannot be reused. Administer additional doses of NARCAN[®] Nasal Spray as needed. Alternate nostrils with each dose, using a new device each time.

How to Use NARCAN® Nasal Spray

1

Remove device from packaging. **Do not test the device.** Each NARCAN® Nasal Spray Device contains only a single dose.



2

Tilt the person's head back and provide support under their neck with your hand.

3

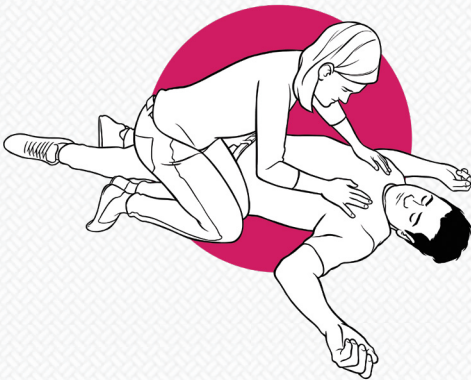
Hold the device with your thumb on the bottom of the plunger. Put your first and middle fingers on either side of the nozzle.



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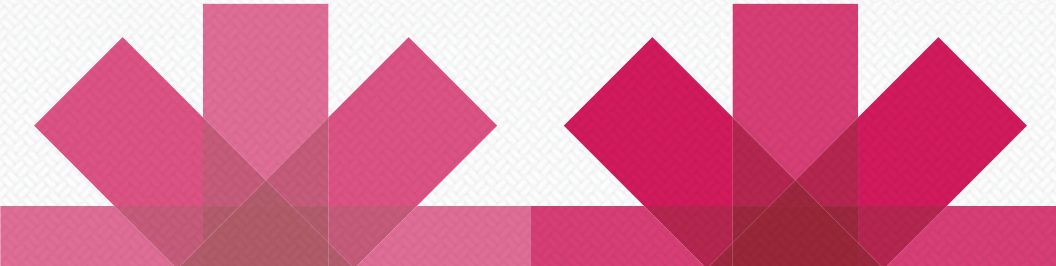
4 Gently insert the tip of the nozzle into one nostril. Your fingers should be right up against the nose. If giving to a child, make sure the nozzle seals the nostril.

Press the plunger firmly with your thumb to give the dose.



5 **Remove** the device and move the person on their side (recovery position). Watch them closely.

6 Give a second dose after 2 or 3 minutes if the person hasn't woken up or their breathing has not improved. Make sure to alternate nostrils with each dose. Perform artificial respiration or cardiac massage until emergency medical help arrives, if you know how and if it is needed.



Possible side effects of NARCAN[®] Nasal Spray

- Swelling or dryness in the nose
- Runny or congested nose
- Yawning
- Nervousness
- Pain
- Aggressive behaviors, irritability, restlessness, agitation
- Increased blood pressure or heart rate
- Nausea, vomiting, diarrhea, abdominal cramps
- Shivering, chills, tremors, trembling, fever, sweating
- Weakness
- Seizures, shaking, muscle spasms
- Dizziness, headache

911 should be called before administering NARCAN[®] Nasal Spray. This will ensure the patient gets the help needed to deal with any overdose symptoms and any side effects.



NARCAN[®] Nasal Spray does not reduce the effects of an overdose caused by other non-opioid drugs.

Giving NARCAN[®] Nasal Spray to a person because of a non-opioid overdose is unlikely to cause more harm.



Do you know which medicines are opioids?

Opioids are a broad group of drugs that work by binding to specific receptors in the brain, spinal cord and gastrointestinal tract. Opioids include prescription medications like morphine, methadone, fentanyl, oxycodone and hydromorphone, as well as illegal drugs like heroin.

Generic name	Street names
Buprenorphine	Bupe, bute
Buprenorphine-naloxone	Subby, bupe, sobos
Codeine	Cody, captain cody, T1, T2, T3, T4
Fentanyl	Patch, sticky, sticker, nerps, beans
Hydrocodone	Hydro, vike
Hydromorphone	Juice, dillies, dust
Meperidine	Demmies
Methadone	Meth, drink, done
Morphine	M, morph, red rockets
Oxycodone	Oxy, hillbilly heroin, percs
Pentazocine	Ts
Tapentadol	Unknown
Tramadol	Chill pills, ultras

This is not intended to be a complete list.

Adapted from CCSA: Canadian Drug Summary on Prescription Opioids (2020).
Located at: <https://www.ccsa.ca/prescription-opioids-canadian-drug-summary>

Did you know?

**An accidental opioid poisoning can occur even with proper use.
Always read the label and follow directions for use.**

Please consult the product monograph for contraindications, serious warnings, precautions, adverse events and dosing guidelines at <https://narcannasalspray.ca/pdf/NARCAN%C2%AE-Nasal-Spray-product-monograph-Mar%2005-2021-red-plunger.pdf>.

The product monograph is also available by calling 1-844-898-0657.

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