

# Instructions for Use

 **NARCAN**<sup>®</sup> (naloxone HCl)  
**NASAL SPRAY** 4 mg

NARCAN<sup>®</sup> Nasal Spray is used to treat someone who has overdosed on opioids. It can be used to reverse the effects of the overdose until medical help arrives.

Giving NARCAN<sup>®</sup> Nasal Spray to a person because of a non-opioid overdose is unlikely to cause more harm. For a list of serious warnings, precautions and contraindications, refer to the product monograph.

## Important:

- While NARCAN<sup>®</sup> Nasal Spray can be administered by a non-health care professional, it is not intended to be a substitute for professional medical care. **Always seek emergency medical assistance (call 911), or ask someone to call for you, in the event of a suspected opioid overdose. If you encounter problems on how to administer NARCAN<sup>®</sup> Nasal Spray or any other problem, the 911 operator will guide you.**
- Do not test the NARCAN<sup>®</sup> Nasal Spray device. Keep NARCAN<sup>®</sup> Nasal Spray in its packaging until it is needed.
- NARCAN<sup>®</sup> Nasal Spray is for use in the nose only.
- Each NARCAN<sup>®</sup> Nasal Spray device contains only 1 dose and cannot be reused.
- You may need to help the person who received NARCAN<sup>®</sup> Nasal Spray. They may have a reaction (i.e. becoming aggressive, shaking and/or vomiting). Special attention should be given to newborns (less than four weeks old) and pregnant women, as some of these reactions can be life-threatening.

**Always read the label and follow directions for use.**

*See reverse side for instructions*



**EMERGENT**



For more information on NARCAN<sup>®</sup> Nasal Spray, visit [narcannasalspray.ca](http://narcannasalspray.ca) or consult the product monograph.

**Reference:** 1. NARCAN<sup>®</sup> Nasal Spray Product Monograph. Emergent BioSolutions Canada Ltd. March 05, 2021.

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## Step 1: Identify Opioid Overdose & Call for Emergency Medical Help



### Check for signs of an opioid overdose:

- Person **DOES NOT** wake up after you shout, shake their shoulders, or firmly rub the middle of their chest.
- Breathing is very slow, irregular or has stopped.
- Centre part of their eye is very small, like a pinpoint.

**Call 911** or ask someone to call for you.

**Lay the person on their back.**

## Step 2: Give NARCAN<sup>®</sup> Nasal Spray



**Remove** device from packaging. **Do not test the device.** There is only one dose per device.

**Tilt the person's head back** and provide support under their neck with your hand.

**Hold the device** with your thumb on the bottom of the plunger. Put your first and middle fingers on either side of the nozzle.

**Gently insert the tip of the nozzle into one nostril.** Your fingers should be right up against the nose. If giving to a child, make sure the nozzle seals the nostril.

**Press the plunger firmly** with your thumb to give the dose.

**Remove** the device from the nostril.

## Step 3: Evaluate and support



**Move** the person on their side (recovery position). Watch them closely.

**Give a second dose after 2 to 3 minutes** if the person has not woken up or their breathing is not improved. **Alternate nostrils with each dose.**

**Note:** Each NARCAN<sup>®</sup> Nasal Spray device contains only one dose; use a new device for each additional dose.

You can give a dose every 2 to 3 minutes, if more are available and are needed.

**Perform artificial respiration or cardiac massage** until emergency medical help arrives, if you know how and if it is needed.

For a list of serious warnings, precautions and contraindications, refer to the product monograph.